

Meal	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	9/9, 10/7, 11/4	9/10, 10/8, 11/5	9/11, 10/9, 11/6	9/12, 10/10, 11/7	9/13, 10/11, 11/8
	Lunch	<ul style="list-style-type: none"> Chx. Sliders, WG Rolls, V Veg. Burger, Tomato Ketchup, Green Beans & Cauliflower, Apples 	<ul style="list-style-type: none"> Chx. Fajitas, WG Tortillas V Tofu Fajitas, Peas & Carrots, Bananas 	<ul style="list-style-type: none"> Three Cheese Ravioli, Marinara Broccoli & Yellow Beans, Cantaloupe 	<ul style="list-style-type: none"> Southwest Chx., Brown Rice Bowl, V Org. Tofu, 4 Veggie Blend, Watermelon
Week 2	9/16, 10/14, 11/11	9/17, 10/15, 11/12	9/18, 10/16, 11/13	9/19, 10/17, 11/14	9/20, 10/18, 11/15
	Lunch	<ul style="list-style-type: none"> WG Mac & Cheese, Broccoli & Yellow Beans, Apples 	<ul style="list-style-type: none"> Chx. Meatballs In Brown Gravy, V Tofu In Gravy, WG Rolls, Peas & Carrots, Bananas 	<ul style="list-style-type: none"> Turkey Burger w/ Cheese, V Veg. Burger, Buns & Ketchup, Green Beans & Cauliflower, Honeydew 	<ul style="list-style-type: none"> WG Chx. Bites*, Tomato Ketchup, V Veg. Bites, 4 Veg. Blend, Watermelon
Week 3	9/23, 10/21, 11/18	9/24, 10/22, 11/19	9/25, 10/23, 11/20	9/26, 10/24, 11/21	9/27, 10/25, 11/22
	Lunch	<ul style="list-style-type: none"> WG Cheese Tortellini In Garlic & Herb Oil, Green Beans & Cauliflower, Apples 	<ul style="list-style-type: none"> WG Rotini, Roasted Tomato Sauce, Chx. Sausage V Org. Tomato Tofu, Peas & Carrots, Bananas 	<ul style="list-style-type: none"> Chx. Meatballs In Brown Gravy, V Tofu In Gravy, WG Rolls, Broccoli & Yellow Beans, Cantaloupe 	<ul style="list-style-type: none"> Chx. Fajitas, WG Tortillas V Tofu Fajitas, Veggie Blend, Watermelon
Week 4	9/2, 9/30, 10/28, 11/25	9/3, 10/1, 10/29, 11/26	9/4, 10/2, 10/30, 11/27	9/5, 10/3, 10/31, 11/28	9/6, 10/4, 11/1, 11/29
	Lunch	<ul style="list-style-type: none"> Turkey Burger W/ Cheese, V Veggie Burger, Buns & Ketchup, Broccoli & Yellow Beans, Apples 	<ul style="list-style-type: none"> Herb Chx. & WG Rotini Pasta, V Org. Herb Tofu, Green Beans & Cauliflower, Bananas 	<ul style="list-style-type: none"> WG Chx. Bites*, Tomato Ketchup, V Veg. Bites, Peas & Carrots, Honeydew 	<ul style="list-style-type: none"> WG* Mac And Cheese, 4 Veggie Blend, Watermelon